



## **Note from the Editor**

Welcome to the Winter/Spring 2020 JADARA issue! This issue is being released during a life-changing time as our world addresses the COVID-19 pandemic. Although our lives may have changed on a day-to-day basis, many of our JADARA readers and contributors are at the frontline fighting this virus. We thank them for their bravery and commitment to public safety!

This virus has certainly impacted many JADARA readers. Many are mental health and/or rehabilitation counselors, social workers, medical providers, instructors, mentors, researchers, administrators, and others who work closely with students, clients, patients, and consumers. It has been a learning experience for many, who had to learn quickly how to support people they serve within a short timeframe. For instance, we've had to learn how to utilize tele-counseling, convert face-to-face classes to online classes, ensure that we provide remote support to people dealing with anxiety and uncertainty, increased isolation leading to increased depression, suicide ideation/attempts, addiction, and so on. Not everyone we serve has quality health insurance or access to quality medical or mental health providers. Making this situation more challenging is that many medical providers are not available for basic check-ups as a result of social distance guideline or restrictions. Amidst all these logistics, it is not surprising that many of us may forget to take care of ourselves! It is important to partake in self-care to better serve one another.

In the last issue, I shared that ADARA and AMPHL had agreed to join forces to expand JADARA circulation. This means that at least three manuscripts from AMPHL members will be submitted to JADARA for publication consideration. We have one such article in this issue, which is exciting because this is an incredible opportunity to increase the readership and exchange resources.

As a result of this partnership, JADARA is seeking new editorial review board members. Interested applicants should have expertise in various areas such as counseling, policy, vocational, public health, medical/health, integrated practice, or statistical backgrounds. If you are interested in serving on the editorial review board, please submit a curriculum vitae and a cover letter outlining your strengths and how you can contribute to JADARA to [thewd@wou.edu](mailto:thewd@wou.edu) with the subject line stating "JADARA Editorial Review Board." Some of our current editorial review board members are willing to provide mentoring.

The four articles in this issue are fascinating, and I hope that reading them will spark interest among you to contribute your articles to JADARA. Note that given the recent release of the

newest edition of the American Psychological Association stylebook, we will transition to the seventh edition by the next issue. We encourage you to become familiar with the new guidelines; there are many resources via the Internet that provides useful guidance.

On a different note, the *Larry Stewart Award in Psychology and Deafness* is presented biennially or triennially to an individual who exemplifies these ideals and values, and whose professional contributions to research, theory, or practice are consistent with Dr. Stewart's conviction that all people share common psychology and humanity, whether they are hearing, hard of hearing, or deaf. In his various roles as a teacher, researcher, administrator, and clinical practitioner, all of which were influenced by his perspective as a deaf person, Dr. Stewart provided an enduring example of the highest standards of professionalism.

Many of our JADARA readers and contributors have been recognized and received this special achievement award, which is categorized within the Special Interest Group on Deafness (SIGD), Division 22 of the APA. If you would like to nominate someone, contact Dr. Lori Day at [lori.day@gallaudet.edu](mailto:lori.day@gallaudet.edu) for more information. All nominations must be submitted by May 22, 2020, and the award will be presented during the APA convention in Washington, DC in August.

Contact me if you have questions or feedback at [thewd@wou.edu](mailto:thewd@wou.edu). In the meantime, as we face the challenging times before us, know that each of you matters and we are all in this together!

Stay safe and healthy,

Denise Thew Hackett  
JADARA Editor-in-Chief